



# Crispy Crunchy Parmesan Baked Chicken Nuggets

Serves 6

## Ingredients:

1/4 teaspoon salt  
1 cup bread crumbs  
1/8 teaspoon ground black pepper  
1 clove garlic  
2 tablespoons chopped parsley  
1 teaspoon Italian seasoning  
1 stick butter  
1/3 cup grated Parmesan cheese  
2 lb boneless, skinless chicken breasts  
1/4 teaspoon garlic salt

## Directions:

1. Preheat oven to 450 degrees F.
2. In a small mixing bowl, combine melted butter with minced garlic.
3. In a separate mixing bowl, combine salt, bread crumbs, pepper, parsley, Italian seasoning, Parmesan cheese and garlic salt.
4. Dip chicken in melted butter then dredge dry mixture. Coat evenly.
5. Cover baking pan with aluminum foil then arrange chicken on baking pan. Place in oven and bake for 15 minutes. (Chicken will be more browned on top than bottom)

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**CookingMethod:** Bake

**Week:** 202033

**FeatureIntro:** Why go out when you can make it at home?

**RecipeIntro:** Restaurant quality goodness made at home.

**Season:** Winter