



Slow Cooker Chili

Serves 8

Ingredients:

2 lb chuck roast
2 cans beans
1 cup chopped onion
2 ribs celery
1 green bell pepper
1 can tomato sauce
1 can crushed tomatoes
3 teaspoons chili powder
1 teaspoon garlic salt
1 teaspoon black pepper

Directions:

1. Brown chuck roast in a large skillet.
2. Place roast, onion, celery, bell pepper, beans, tomato sauce, tomatoes, chili powder, garlic salt, and black pepper into the slow cooker.
3. Cover then cook on low for 7-10 hours.
4. Use forks to shred the roast and spoon into serving bowls.

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Week: 202021

RecipeIntro: A meaty chili with big flavor.

MainIngredient: Beef

CookingMethod: Slow Cooker

Season: Winter

FeatureIntro: A chili you can prep before work and enjoy after.